

Local Walking Trail

By Marylou Stone

Sugarloaf Mountain - White Trail

Winter is the best time to see the mountain views from the trails in Frederick County. All the leaves have fallen from the trees that in the other seasons obstruct the view. This trail is a perfect example.

To get to Sugarloaf Mountain from Frederick, take I-270 south and exit at Hyattstown. Turn left at the end of the exit ramp onto state route 109 or Old Hundred Road. At the Old Comus Inn, turn right onto state route 95 or Comus Road. Sugarloaf Mountain Park entrance is on Comus Road.

You can start this 2 $\frac{1}{2}$ mile loop trail from either the west view, east view, or entrance parking lot. The park describes this trail as a loop around the summit, but it is not a flat trail and has many steep climbs. Tennis shoes or hiking boots need to be worn on this rocky trail. The trail is marked with white blazes and at times the same path is shared with the blue trail. So pay attention to the blazes on the trees.

When I hiked this trail the leaves were off the trees. With binoculars I could see downtown Frederick from one side of the mountain and the buildings around Rockville, Maryland on the other side of the mountain.

